

Botox AFTERCARE

Glow Tox BAR

DO

- *Expect a mild headache*
- *Expect full results in 10-14 days*
- *Schedule a follow up appointment*
- *Avoid hot tubs & saunas*
- *Keep hydrated*
- *Avoid blood thinning medications*

DON'T

- *Remain in the heat for 72 hours*
- *Touch your face for 24 hours*
- *Exercise for 24 hours*
- *Bend or lie down for 4 hours*
- *Massage/rub/manipulate face for 10-14 days*