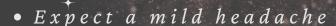
## B O t O X AFTERCARE

## Glow Tox BAR

DO +



- Expect full results in 10-14 days
- Schedule a follow up appointment
- Avoid hot tubs & saunas
- Keep hydrated
- Avoid blood thinning medications
  DON'T
  - Remain in the heat for 72 hours
  - Touch your face for 24 hours
  - Exercise for 24 hours
  - Bend or lie down for 4 hours
  - Massage/rub/manipulate face for 10-14 days