

Filler

Glow Tox

AFTERCARE

BAR

DO

- *Apply a cold compress*
- *Expect swelling & bruising*
- *Take Tylenol for mild pain*
- *Avoid hot tubs & saunas*
- *Keep hydrated*
- *Avoid blood thinning medications*

DON'T

- *Remain in the sun for 72 hours*
- *Apply makeup for 12 hours*
- *Consume alcohol for 24 hours*
- *Smoke for 12 hours*
- *Massage unless instructed*